



GENERAL VIEW, KNICKERBOCKER LODGE AND VAN WYCK LAKE, FISHKILL, N. Y.

THE NEW KNICKERBOCKER LODGE.

A RESTFUL HOME IN THE HIGHLANDS FOR THE INVALID OR CONVALESCENT.

WHERE HEALTH ABOUNDS AND RENEWED VIGOR AWAITS ALL COMERS.

An ancient writer many years ago said, "Life is not mere living, but the enjoyment of health," and probably no single sentence was ever written which so fully sums up the secret of life as this one, for no greater boon was ever conferred on man than good health. To people in vigorous health every function of life, every incident and every duty has its pleasure, and cares are lightly met and as lightly disposed of; unfortunately, however, no one is blessed with immunity from sickness or disease, and then it is of the greatest importance that the former state of health should be restored as rapidly as possible, for every day that our disability continues is time lost from life. In the process of restoring impaired health modern medical science prescribes many methods and conditions, but the foundation of every regime is the place of living, its climate, surroundings and conditions. For dwellers in the large cities

the Revolutionary times. The old church prison, and the hospital, now occupied as an Episcopal Church, which were used by Washington's army while guarding the nearby mountain pass, the gateway to the upper Hudson region, are still here, and in a state of perfect preservation, and the delightfully shaded streets have all of the peacefulness of bygone days. A short distance beyond the village stands the "Spy House," which figures in Cooper's stirring tale of this region, and a mile

changes, a matter of moment where an all the year residence is proposed.

WHOM THE LODGE WAS BUILT FOR.

The Knickerbocker Lodge is intended as a home for the invalid or convalescent, or for those whose health has been impaired by overwork, a place of thorough and complete rest where every condition is favorable to restoration of health and vigor. No person suffering from tuberculosis or from any form of contagious or infectious disease will be admitted, nor is the

also be in constant attendance, and her services will be available for those who require them. The accessible location, the perfect climate and the attractive surroundings make the Knickerbocker Lodge an unusually desirable residence, and as such it is believed will appeal to a great number of people who require a place for rest or recuperation, but who do not need or desire the accommodations of a hospital or sanitarium.

FOREST CLAD MOUNTAINS SURROUND IT.

The mountains which surround the Knickerbocker Lodge on three sides are heavily wooded

known, and frequently not recognized or suspected by visitors to mountain regions generally, yet it is a fact that an altitude of over a thousand feet very frequently causes considerable discomfort even to many who consider themselves robust, and headaches, nausea, shortness of breath and other similar disturbances that are usually attributed to diet are most frequently the result of a too rarefied atmosphere in many localities that are regarded as especially beneficial to the health. Even where the heart is practically in a normal condition, but the person is otherwise ailing, a too rarefied and

and it also affords moderate exercise in rowing, for there are several boats for the use of the guests.

A COSEY HOUSE.

The Knickerbocker Lodge is not a large house with all of the noise and bustle that is unavoidable where a large number of people are cared for, but is more a quiet, dainty home where perfect rest is assured with every comfort and convenience that careful and intelligent foresight can provide. The entire interior of the establishment is finished in natural woods, and presents an unusually fresh and pleasing effect. There is no wallpaper anywhere to be found, and rugs are used on the polished wood floors instead of permanent carpets. The large assembly room is especially cheerful and attractive, with its large open fireplace, and its walls are tastefully adorned with numerous engravings and photographs, so that it has little of the character of a public room. In the matter of pictures the entire house is noticeable, for there is not an apartment that does not contain several which pleasantly relieve the walls. The dining room, too, is a bright and attractive apartment, and is arranged with small tables scattered about, at which small parties may assemble as suits their tastes.

The furnishing throughout is of the best character, and particularly selected for comfort, while every bed is provided with a superior hair mattress. Another feature of importance, especially to the class of guests for whom the Lodge is intended, is that there is a commodious closet in every chamber. In a connected cottage is a quiet smoking room for the men, with a



LAKE VIEW, KNICKERBOCKER LODGE AND COTTAGES, VAN WYCK LAKE, FISHKILL, N. Y.



FRONT VIEW, KNICKERBOCKER LODGE, VAN WYCK LAKE, FISHKILL, N. Y.

KNICKERBOCKER LODGE DRAG, IN LODGE GROUNDS.

a removal from the noises and distractions, as well as from the dusty and vitiated air, is imperative, and even for those who live in the smaller town or the country a change of scene and air is essential, and it was with all of these conditions in view that the Knickerbocker Lodge was designed and located.

BEAUTIFUL DUTCHESS COUNTY.

For many years Dutchess County has been known for the beauty of its scenery and the healthfulness of its climate, and it is only an accident that it has not become a resort of fashion, for it possesses all of the attractions and advantages of the celebrated Berkshire region. Its scenery is similar and its mountains are a portion of the same ridge that adorns the Berkshire country; in picturesque streams and charming lakes it is fully as rich, while in historic interest Dutchess County, and especially the vicinity of the Lodge, presents attractions equal to any section of our country, for many of the stirring events of the War of the Revolution occurred in this vicinity, and a large portion of Washington's army was quartered near by. Wealthy people from the city have long been acquainted with the attractions of Dutchess County, and many handsome estates are scattered through it, and however much their owners may visit the resorts of fashion, here they spend a large portion of the year, for both in summer and in winter this region possesses attractions of which its residents never tire.

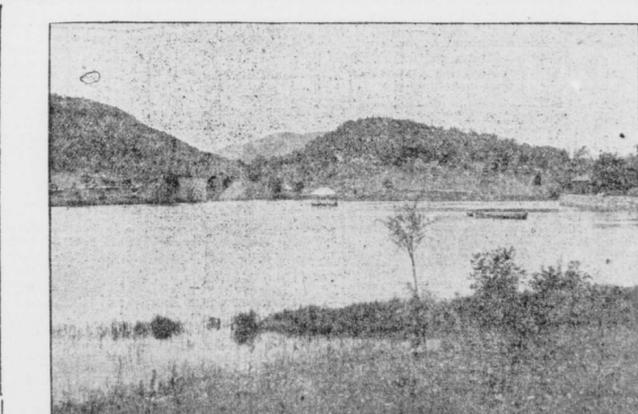
THE ROAD TO THE LODGE.

From the shores of the Hudson near Fishkill Landing, the Fishkill Mountains extend back into the country toward the northeast, later on to be known as the Taconics of the Berkshires, and along their base winds the modest Fishkill Creek, a picturesque stream unknown to fame, but possessing beauties that would attract wide attention and admiration in most any other region. About seven miles from the river is the old village of Fishkill, one of the picturesque settlements dating from the early history of our country, and still possessing many an old house that was built before

further, in a pretty cove in the mountains, stands the Knickerbocker Lodge, with the sparkling Van Wyck Lake rippling at its door, while just beyond is the wonderful Knickerbocker Spring. In all of this distance from the river the road has been gradually but continually ascending, so that the Lodge stands fully five hundred feet above the Hudson, and far above the mists of the low lands, and all dust, if there be any in this fragrant country. On either side and in the rear the mountains recede from the house, so no chilling influence comes from their neighborhood, while in front the eye looks out over a grand expanse of rolling country, the beautiful valley of the Hudson, with the soft purple outlines of the Catskill range and the Shawangunk Mountains delicately defining the far horizon sixty miles away.

A DELIGHTFUL CLIMATE.

Clefts in the mountains to the south and southeast induce pleasant currents of air from those directions in summer, while the unbroken range to the northeast effectually cuts off the cold, damp winds from that side. Records show that the average climate at the Lodge is at least ten degrees cooler in summer and the same amount warmer in winter than the lower lands near by, and this means a much more equable average for the year, with less sudden



VAN WYCK LAKE, FROM ROAD TO KNICKERBOCKER SPRING, FISHKILL, N. Y.

Lodge a sanitarium in the general sense of the term. No corps of doctors will be maintained, but the Lodge is under the supervision of a competent physician of the neighborhood, Dr. Howell White, of Fishkill, who has for many years enjoyed a wide reputation for his skill and ability. A resident professional nurse will

to their tops, and every purifying effect which any mountain region can have on the air is here enjoyed to the fullest degree, while the elevation of five hundred feet is sufficient to afford moderate stimulating effects without in the least inconveniencing even the most delicate heart action. This is a matter of more than passing importance, for, although it is not popularly

stimulating atmosphere is often to be avoided.

THE KNICKERBOCKER SPRING WATER.

A question of the greatest importance in every locality is that of the character and quality of the water, and in an establishment designed for those in impaired health this becomes a very prominent consideration. The existence of a particular spring was one of the considerations for its being placed where it is, for near at hand there bubbles from the rock one of the purest and most wholesome springs that can be desired. Careful chemical analysis shows that in its low percentage of salts, and the absence of any that are undesirable, the water from this spring compares most favorably with any of the celebrated spring waters now before the public, while a bacteriological examination has proved the absolute absence of any form of organic life. In flavor the water is pleasant, and its crystal clearness and brilliancy give it a most attractive appearance. This water is used not only for drinking but is wholly employed for all culinary purposes.

The elevated location of the Lodge gives it a perfect drainage, and the sanitary conditions have been carefully looked to. The surrounding soil is of a gravelly nature, which quickly absorbs all moisture, and the only standing water in the neighborhood is the pretty little lake in the rear of the Lodge, which is supplied from mountain springs with the purest of water. It is not extensive nor deep, but sufficiently large to form an attractive feature of the landscape,

wide porch that looks off on the grand view to the north, while a dainty writing room adjoining the parlor provides corresponding accommodations for the other sex. The entire house is lighted by gas, and a hot water system of heating has been installed, which will render the house comfortable in any weather.

THE LUXURIES OF THE FARM.

Although the guests of the Knickerbocker Lodge may not all enjoy the most robust health, still their creature comforts are by no means neglected, for on the farm, which contains over two hundred acres, extensive provision has been made for a most bountiful supply of vegetables and small fruits in great variety, while incubators are producing poultry on a large scale. Special attention is also given to the dairy, that the quality of its products shall meet with every requirement of the most delicate invalid, and in forming the herd every cow was subjected to a critical examination by a competent professional expert before she was admitted to the farm. Such examinations will be continued periodically, and every care will be taken that the milk and cream used at the Lodge shall be of the most wholesome and nutritious character.

MANY FINE DRIVES.

Driving will naturally be the principal diversion, and a well equipped stable is connected with the house, and it has ample accommodations for any horses and carriages guests may desire to bring with them. The roads in every direction are picturesque and well kept, and there are such a number of drives that there will be found no lack of variety. For those who desire to stroll in the woods there are ample facilities on all sides, and the artist or photographer will find a wealth of material such as can hardly be found in any other single locality.

MOST CONVENIENTLY ACCESSIBLE.

Knickerbocker Lodge is most conveniently accessible, for travellers from New York can take trains on the Central which connect at Dutchess Junction for Fishkill Village, from which place the Lodge is less than two miles. If preferred either the train or boat may be taken to Fishkill Landing, and on notification a conveyance from the Lodge will meet parties there. From Boston the New Haven road may be taken direct to Fishkill Village.

A handsome book descriptive of the Lodge has been prepared, and this and any desired information may be obtained by writing to The Knickerbocker Hotel and Spring Co., Fishkill, N. Y.